

March 2016

The Heart of America Boxer Club Newsletter

www.hoabc.org

Newsletter for the Heart of America Boxer Club

The next HOABC club meeting- Saturday, March 12, 2016.

Meeting will be held in conjunction with the Kansas City Shows, held at Kemper Arena. Meeting will be held approximately .5 hour after Boxer breed judging- in the concession area.

So...you say you **DON'T** have a spiffy Heart of America Boxer Polo shirt?? You don't want to be the **Odd Man** (or woman) out at our next function!???!! Well.. Get with Mark Ewing!



2015-2016 Club Members and their New Title Holders

Plaque	Full Name	Plate	Call name	Date of Title	Member/Owner
CH	Olympic W' Harmony's Distance Traveled		"Miles"	April 2015	Nicki McFarland
CH	JeSaJay's Bubbling Brew at Shadow River	GCH	"Millie"	July 2014	Sabrina Jay
CH	Envision Yakety Yak Don't Talk Back		"Sophia"	Sept 2015	Julie Higgins
CH	Breho Emerson Voodoo Magic		"ViVee"	July 2015	Jim and Karen Emerson
GCH	Emerson Breho Soul Patrol of Windwood CD BN	RN	"Reuben"	May 2015	Jim and Karen Emerson
CH	Envision Who's Cheap Talkin Now		"Rick"	July 2015	Julie Higgins
CH	Homeplace Absolutely Mystical Maiden	GCH	"Ginger"	October/November 2015	Scott Reiser
CH	Encore's FarMore Under Your Spell	GCH	"Vegas"	October 2015	Amber and Daniel Gates
CH	Emerson Breho Magic Man		"Manny"	November 2015	Jim and Karen Emerson
CH	Encore's FarMore Ulterior Motives		"Dover"	January 2016	Amber and Daniel Gates

Remember- April 1 is the cut off for ALL plaques – be sure to get information to Amber Gates

DUPLICATE plaques can be ordered!

Member Brags

IF you would like to be included in the newsletter brags...please send them to farmoreboxers@yahoo.com by the 20th of each month!

- 01/31/16 Dover – Encore's FarMore Ulterior Motives- Lake St Charles KC#2, Missouri – WD/BOW/BOB (Joan Anselm) – owned by Amber and Daniel Gates and Rhonda and Jamie Stevenson – NEW CHAMPION- 6th from his litter!
- 2/16/16 Sophia –MBISS GCh. Envision Yakety Yak Don't Talk Back – Westminster KC, NY- BOW (Judith Smith) – Owned by Julie Higgins and Brooke Moyer
- 2/22/16 Rev – Encore's Macaroon –Cyclone Country of Ames KC#2, Iowa- WB (Dr Eric Liebes) –owned by Amber and Daniel Gates



Check out our Facebook page for Updates...

MARK YOUR CALENDARS

Club	City	State	Show Date	Breed Judge	Completed Last Year
South Arkansas Kennel Club	Camden	AR	27-Feb-16	Mrs. Barbara Dempsey	9
South Arkansas Kennel Club	Camden	AR	28-Feb-16	Alderman	8
Garden City Kansas Kennel Club	Garden City	KS	4-Mar-16	Mrs. Joan P Anselm	
Garden City Kansas Kennel Club	Garden City	KS	5-Mar-16	Mr. Charles L Olvis	13
Garden City Kansas Kennel Club	Garden City	KS	6-Mar-16	Dr. Donald A Gill	13
Greater St. Louis Boxer Club	Gray Summit	MO	4-Mar-16	Dr. Alvin W Krause	40
Greater St. Louis Boxer Club	Gray Summit	MO	4-Mar-16	Ann Gilbert	42
Belle-City Kennel Club, Inc.	Gray Summit	MO	5-Mar-16	Dr. Dana Ann Smith Massey	39
Belle-City Kennel Club, Inc.	Gray Summit	MO	6-Mar-16	Mr. William (Bill) P Shelton	32
Leavenworth Kennel Club	Kansas City	MO	10-Mar-16	Mrs. Beth G Speich	
Leavenworth Kennel Club	Kansas City	MO	11-Mar-16	Mrs. Paula Nykiel	
Heart of America Kennel Club, Inc.	Kansas City	MO	12-Mar-16	Bonnie P Threlfall	
Heart of America Kennel Club, Inc.	Kansas City	MO	13-Mar-16	Mr. Houston Clark	
San Antonio Kennel Club, Inc.	Kerrville	TX	12-Mar-16	Mrs. Charlotte P Patterson	13
San Antonio Kennel Club, Inc.	Kerrville	TX	13-Mar-16	Dana P Cline	12
Dallas Boxer Club	Fort Worth	TX	25-Mar-16	Jack H Ireland	39
Fort Worth Kennel Club	Fort Worth	TX	26-Mar-16	Ann Gilbert	36
Fort Worth Kennel Club	Fort Worth	TX	27-Mar-16	Mrs. Terry L Berrios	34
Clinton Iowa Kennel Club	De Witt	IA	26-Mar-16	Ms. Patricia W Laurans	24
Clinton Iowa Kennel Club	De Witt	IA	27-Mar-16	Miss Mike Macbeth	24
Scottsbluff Kennel Club	Mitchell	NE	1-Apr-16	Mrs. Terry M DePietro	6
Scottsbluff Kennel Club	Mitchell	NE	2-Apr-16	Mr. Terry Stacy	5
Scottsbluff Kennel Club	Mitchell	NE	3-Apr-16	Mrs. Christina Hubbell	5
Mid-Del-Tinker Kennel Club, Inc.	Claremore	OK	1-Apr-16	Mr. Stephen J Hubbell	7
Claremore Kennel Club of Oklahoma	Claremore	OK	2-Apr-16	John P Wade	9
Claremore Kennel Club of Oklahoma	Claremore	OK	3-Apr-16	Mr. Walter J Sommerfelt	9

AKC Point Schedule for Boxers		1 Point		2 Points		3 Points		4 Points		5 Points	
Effective 05/13/2015		Dog	Bitch	Dog	Bitch	Dog	Bitch	Dog	Bitch	Dog	Bitch
Division 1: CT/ME/MA/NH/RI/VT		2	2	6	9	10	15	13	19	19	27
Division 2: DE/NJ/NY/PA		2	2	7	8	12	14	16	19	24	29
Division 3: DC/MD/NC/TN/VA/WV		2	2	6	6	10	10	14	14	21	21
Division 4: FL/GA/SC		2	2	8	7	13	12	15	16	20	24
Division 5: IN/KY/OH		2	2	6	10	11	18	17	25	22	32
Division 6: IA/KS/MO/NE		2	2	9	12	16	21	20	23	23	27
Division 7: CO/OK/TX		2	2	7	9	11	16	13	19	18	24
Division 8: OR/WA		2	2	7	11	11	18	13	25	18	27
Division 9: AZ/CA		2	2	7	10	11	17	15	23	23	34
Division 10: AK		2	2	3	3	4	4	5	5	6	6
Division 11: HI		2	2	3	3	4	4	5	5	6	6
Division 12: PR		2	2	3	4	4	5	5	6	6	7
Division 13: ID/MT/NV/NM/ND/SD/UT/WY		2	2	5	6	8	11	10	14	15	16
Division 14: AL/AR/LA/MS		2	2	6	9	10	17	11	20	16	24
Division 15: IL/MI/MN/WI		2	2	7	9	12	16	14	20	19	25

2016 Annual Meeting
Mark your Calendar!
June 25 @11am
Shelter 4 at Shawnee Mission Park



Helpful Links

Kansas all breed clubs

<http://sunflowerkc.wordpress.com/>
<http://www.heartofamericakc.org/>
www.wichitakennelclub.com
www.gardencityKSkennelclub.com
www.hutchinsonkennelclub.org/
www.ljkc.com/
www.salinakennelclub.org/
www.TopekaKC.org

Kansas Obedience Clubs

www.wichitadogtrainingclub.com

Missouri all breed clubs

www.JCKC.org
<http://www.stjosephkennelclub.com/>
www.missourirhinelandkc.com
www.heartlandkc.org
jopbindogs.com

Missouri Obedience Clubs

kansascitydogtraining.com/
www.gsltc.org
www.mcotc.org
www.showmek9.com

Important Links- health/clinics

BLUE PEARL

<http://kansas.bluepearlvet.com/>

www.offa.org

<http://www.merckmanuals.com/vet/index.html>
<http://www.cavalierhealth.org/Cardiologists.htm>

Overland Park

913.642.9563
11950 West 110th St
Overland Park KS 66210

Kansas City North

816.759.5016
139 NE 91st Street
Kansas City, MO 64155

Area Barn Hunt Clubs

Barn Hunt Association LLC

<http://www.barnhunt.com>
3506 Westwind Dr
Columbia MO 65202

Sunflower Kennel Club of Olathe, KS, Inc.

<http://ksexpo.com>
Trial Chair: Lori Pierson
913-485-4027
firecreek@everestkc.net

Columbia Canine Sports Center, LLC

<http://www.columbiak9sportscenter.com>
4506 I70 Dr SE
Columbia MO 65201
Trial Chair: Kathy Echols
573-673-9680
krechols@aol.com

Salina Kennel Club, Inc.

Trial Chair: Don Phillips
phil20021@cox.net



CLUB HOLTER

The club has an analog Holter that is available for use by club members.

1. No rental fee
2. Member needs to purchase the number of tape kits needed
3. Rental time is 10 days- adequate to test 5 dogs
4. Shipping to and from the member is the members' responsibilities.
5. Member is responsible for the condition of the Holter and accompanying vest.
6. Members must sign the usage agreement prior to use.
7. Contact Sabrina @ sabrina@lattahomes.com for availability

Officers & Directors 2015-2016

President: Karen Emerson (2017)

Vice President: Mark Ewing (2017)

Treasurer: Sabrina Jay (2016)

Secretary: Amber Gates (2016)

Board Member: Janet Ewing (2016)

Board Member: Thomas Latta (2017)

Board Member: Jeanine Millard (2017)

Committee Assignments for 2015-2016

Show Chairperson: Jeannine

Trophies: Janet (C), Mark and Tom D

Hospitality: Joyce (C), Liz, Scott, Rachel, and Kyle

Facebook Updates: Amber (C) and Peyton

Fundraising: Jeannine (C), Jim, Peyton, Tom L,
Tom D, and Dan

Performance: Mark (C), Janet, and Rachel

Advertising: Tiffany (C) and Nikki

Annual Meeting: Sabrina (C), and Julie

Nominating: Mark

Cards & Flowers: Sabrina (C) and Carol

Historian: Peyton

Website: Tom L

Breeder Referral: Carol

Boxer Rescue: Liz

Membership: Jeannine and Julie

Newsletter: Amber

Public Education: Tiffany (C), Julie, and Joyce

Legislation: Joyce

Door Prize: Carol (C), Hailey



Call 1-855-M6-4Dogs and use code CP542764 to receive your 10% discount – or use their app

Rescue Corner



WE NEED HELP!

URGENT need for foster homes!!!

Please! Help get the word out! MO/KAN Boxer rescue is in need of qualified Foster homes.

Some BASIC requirements to be considered for a Foster Home.....

- Fencing is not required but is preferred; not having a fence will limit placement options.
- All other pets in the home must be UTD on shots and on HW prevention year-round.
- Contact Elizabeth or Joyce for more information at mokanboxerrescue@earthlink.net

Contact mokanboxerrescue@earthlink.net

SSLRC HEALTH CLINIC

SATURDAY 12th March 2016 -- 9 am - 5pm.

(All BREEDS welcome)

(Little Red Building east of the RV parking)

*It doesn't mention location
precisely... will be held at Purina
Farms- Gray Summit, MO - Amber*

EYE Clinic - \$35.00 Walk In's Welcome.

Conducted by Cecil Moore, DVM, MS

Echo/Colour Doppler Heart Clinic

Conducted by

Cecilia Marshall, DVM, DACVIM (Cardio Specialist)

\$165.00 with Appointment or \$180.00 for walk in

Auscultation alone \$55 w/appointment or \$65 for walk in

Book early to avoid disappointment.

Please contact me for availability. Sharon Hamilton -

Acornoak@gotrain.org

Learning Something...yep...

The gut: the key to health?

Hippocrates, the father of medicine, is quoted as saying, “bad digestion is at the root of all evil” and “death sits in the bowels.” What Hippocrates likely meant was that the GI tract, or “gut”, is responsible for much more than digesting food; it plays a vital role in creating and sustaining health. Nearly 2,500 years later, scientists are discovering that Hippocrates was right. You simply cannot have a “sick” gut and be truly healthy!

The “gut”, which is made up of the stomach, small intestines and colon (large intestine), is actually a complex microsystem of “good” bacteria, or microflora. While bacteria also live in our mouths, on our skin and in our urogenital tract, more than 70 percent take up residence in the mucosal tissue lining of the gut, which is known as the gut-associated lymphoid tissue, or GALT. The trillions of beneficial bacteria inside the gut comprise a metabolically active organ – the largest immune organ in the body – and are important for a variety of essential functions, including regulating digestion, producing and metabolizing vitamins and other trace nutrients, and protecting the body from infection.

The gut also contains pathogenic “bad” bacteria, such as E. coli. When the balance of good and bad bacteria goes awry, humans and animals can experience a myriad of digestive disturbances, including bloating, constipation or diarrhea, as well as abdominal cramping, surface erosions, and ulcers. But the relationship between gut bacteria and health extends far beyond the digestive system.

For example, gut microflora serves as a significant barrier to infection from outside pathogens, preventing unwanted invaders such as food toxins, toxic chemicals, bad bacteria and fungi from entering our systems. A condition called “leaky gut” arises when the integrity of the gut’s mucosal lining is compromised, causing it to become permeable, or “leaky”. When this occurs, unwanted molecules are allowed to pass through. Since the body recognizes these molecules as foreign, it attacks them. Science is now learning that “leaky gut” likely contributes to a variety of autoimmune diseases, including Type 1 diabetes and autoimmune thyroiditis.

Other conditions linked to imbalances in the gut’s bacterial ecosystem include:

- Allergies
- Arthritis
- Autism
- Behavioral problems
- Colon cancer
- Inflammation
- Obesity

A recently released study by the Cleveland Clinic exemplifies the important role of gut bacteria. The study found that some gut bacteria produce a compound called trimethylamine-N-oxide, or TMAO, while digesting lecithin found in foods such as egg yolks, liver, beef, pork and wheat germ. The researchers also found that blood levels of TMAO predict heart attack, stroke and death – independent of other risk factors. The fact that gut bacteria can cause heart attack, stroke and death, even in otherwise “healthy” people, is a true testament to their importance!

Obviously, to create and maintain health, we want to keep the gut microflora in tip-top shape. But if the gut is teeming with trillions of good bacteria, what’s the problem?

Many environmental factors can disrupt gut bacteria, throwing the balance between good and bad bacteria out of whack, including:

- Antibiotics
- Introducing new foods too fast
- Poor diet
- Stress
- Vaccination

Fortunately, you can help keep your pet's gut in tip-top shape by giving him probiotics.

Probiotics are live, beneficial bacteria. When ingested in sufficient numbers, probiotics colonize in the gut, thereby supplementing the existing beneficial microflora.

Probiotics can provide many health benefits in pets, including:

- Aid in digestion
- Assist with food transitioning
- Boost the immune system
- Help manage stress colitis
- Prevent and manage diarrhea
- Prevent overgrowth of "bad" bacteria in the gut
- Promote overall intestinal health
- Reduce inflammation
- Replace "good" bacteria destroyed by antibiotics

But don't just run out and buy any product labeled "probiotic". The product you purchase should meet strict standards, including:

- Contain live bacteria. The product is not a probiotic unless the bacteria are live.
- Contain multiple bacterial strains. Different strains of bacteria exert different biological activities.

Look for a product containing at least 10 different strains.

- Is potent. When it comes to a probiotic, the more potent the better. While some products contain 1 billion beneficial bacteria per serving, I advise looking for a product containing at least 30 billion or more beneficial bacteria per serving.

- Is pure. A probiotic is designed to increase gut health. The last thing you want is a product that contains artificial colors, flavors or preservatives, sugar, salt, corn, wheat, soy or other undesirable ingredients.

And please don't share your probiotic with your pet. An animal's intestinal tract contains species-specific microflora, so a probiotic that's beneficial for you isn't necessarily beneficial for your companion animal. Opt instead for a probiotic targeted specifically to your pet's species. Supplementing your companion animal's diet with a probiotic is a simple, safe and effective way to optimize gut health. You might just be amazed at the positive improvements these "gut bugs" can make!

References

Begley, S. 2013, 'Gut Bacteria Implicated in Heart Attacks, Stroke', The Huffington Post, http://www.huffingtonpost.com/2013/04/24/gut-bacteria-heart-attack-stroke-tmao-lecithin_n_3149663.html.

Derewicz, M. 2011, 'Bacteria in Your Body', Endeavors, University of North Carolina, Chapel Hill, http://www.med.unc.edu/microbiome/endeavors_UNC-Chapel-Hill_winter2011_bacteria_in_your_body%20-2.pdf.

Rastall, RA. 2004, 'Bacteria in the Gut: Friends and Foes and How to Alter the Balance', J. Nutr. 134(8): 2022S-2026S.

Weese, J S, Arroyo, L. 2003, 'Bacteriological Evaluation of Dog and Cat Diets that Claim to Contain Probiotics', Can Vet J 4(3): 212-215.

W. Jean Dodds, DVM

Retrieved from <http://drjeandoddshealthresource.tumblr.com/post/52173102898/probiotics-pets#.VsYL7Ub2Uvh>

Fun Stuff!



Dog Cookies!!!

The Martha Stewart Show

Show your four-legged friend some love with these tasty homemade dog treats.

Ingredients

Makes about 5 dozen

1 cup all-purpose flour

1/4 cup wheat germ

1/4 cup brewer's yeast

1 teaspoon [salt](#)

1 1/2 tablespoons canola oil

1/2 cup low-sodium canned chicken stock, plus more for brushing

Directions

1. Preheat [oven](#) to 400 degrees. In a medium bowl, whisk together flour, wheat germ, yeast, and salt; set aside
2. Place oil in a large bowl. Add stock and flour mixture in three alternating batches, beginning and ending with stock. Mix well.
3. On a lightly floured work surface, roll out dough to about 3/8-inch thick. Shape biscuits using a dog-bone-shaped cookie cutter or by cutting around a store-bought dog bone with a butter knife. (Make biscuits that are appropriate for your dog's size.)
4. If desired, you can spell out your dog's name or a holiday message in the dough with a toothpick (wet the toothpick first so it won't stick).
5. Transfer to parchment-lined baking sheets. Repeat with remaining dough.
6. Bake biscuits 10 minutes. Brush with stock; rotate baking sheets, and bake 10 minutes more. Turn off oven, leaving door closed. Let dog biscuits stand in oven to dry completely, about 1 1/2 hours. Wrap as a gift, or store in an airtight container at room temperature.

Retrieved from <http://www.marthastewart.com/264802/homemade-dog-biscuits>



Fun Stuff!

This DIY T-Shirt Toy Is The Sweetest Thing You Can Make For Your Dog

[Share on Facebook](#) [Share on Twitter](#) [Share on Pinterest](#)

Stacie Grissom

In just a few weeks we are going to be introducing tons of new handpicked Doggy DIY project ideas and tutorials for those crafty pet parents who want to spoil their pups with homemade love [and goodies](#). [But if you just can't wait 'til then, here's a simple project to tide you over.](#) Grab two t-shirts, some scissors and quickly fashion this T-shirt Dog Toy for your furry love.

Directions:

For this project, the only things you need are two gently used t-shirts that smell like you [and a pair of scissors](#). [Dogs who love rolling around in your laundry will love this toy even more.](#)

[\(*Note: If you have more than two tees handy, you can use more and make a super colorful version!\)](#)

[Start by cutting little 2-3" wide slits at the base of your shirts. After you've cut your slits, just rip along the slit and your t-shirt will have the perfect strips of fabric for the next step.](#)

[Gather your t-shirt strips and tie off one end. Divide your strips into thirds and braid them together.](#)

Once you've braided down to the other end, tie up the bottom and cut any straggling t-shirt strips.

Whether this toy comes in handy during an epic tug-of-war battle or serves as a distraction to keep your pooch's mind from wandering to the smelly trash can and dreams of gnawing the legs off the couch— it's a simple and fun way to make something special for your four-legged friend.



Fun Stuff!

If My Dog Could Talk:

Dog: WAT DOING

Me: Nothing. I just stood up.

Dog: WHERE GO

Me: I'm literally walking a few metres away. I'm not even leaving the room.

Dog: CAN I COME?

Me: I mean sure but I'm literally just -

Dog: I COME TOO

Dog: WAT DOING

Me: I need to open this door.

Dog: I HALP

Me: No, you're in front of the door. Move please.

Dog: I HALP

Me: Sigh.

Dog: WHERE GOING

Me: Nowhere.

Dog: CAN I COME?

Me: Sure.



**You've been
gone all
day and now
it's YOUR
chair ???**



StayingAliveisNotEnough®

Fun Stuff!



Not sure if Nicki could use more or less "help" ;)

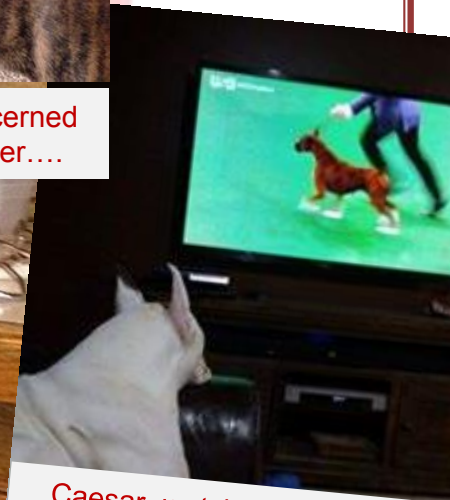


"And then I just hit delete. I haven't actually eaten any homework for years."

Heidi



Ruby Woo... admiring herself... or concerned there is a deer looking over her shoulder....



Caesar- watching Devlin and Deigo at Westminster



Ascan- leaving hints...that he STILL wants to play... and cooking is NO excuse....